



LOCAL ROOTS FARM

2020 Community Supported Agriculture

Local Roots is a 15-acre family-operated farm located about 25 miles outside Seattle, in the Snoqualmie River valley. 2020 is our 14th season farming and offering our popular CSA program. A wide variety of crops thrive in our mild climate and world-class soil, and we grow more than 50 different vegetables and herbs. CSA subscribers receive a box of freshly harvested vegetables once a week during the growing season. CSA produce is grown by us, here on our farm, with a handful of items from farmer friends nearby (potatoes, green beans, peas, onions).

Dates: The CSA season begins in early June and lasts until early December. Pickup is on Tuesdays in the late afternoon/evening. Our season is **26 weeks long**, with pickup every week from June through mid-November, followed by two double-size boxes to conclude the season. We will take ONE WEEK off in late July to get vital fall planting work done.

Price: We offer two share sizes: **\$689 for the regular box** (\$26.50/week) or **\$845 for a large box** (\$32.50/week). The regular box is suitable for a household of two people who cook at home three to four nights a week, and includes 7-10 items each week. The large box option will have all the same items as the regular box, plus one or two additional items and/or larger quantities of staple items like lettuce, potatoes, kale, and carrots.

Payment: We are not set up for online signups or to take credit cards, but we do accept an assortment of e-pay options, which are usually free for both parties. To sign up paperlessly, email Siri with your preferred pickup location, agreement with terms on signup form (below), and to confirm payment details. **First (or full) payment is due April 1st.** If paying in two installments, second payment is due June 1st.

Egg Add-On: Goose & Gander Farm hens forage on pasture and eat certified-non-GMO soy & corn-free feed, plus sprouted whole grains, fresh vegetables and leafy greens. **Price: \$224 for dozen/week (22 dates, June thru early December) or \$130.50 for a half-dozen/week.** Egg payment is due in full by April 1st.

Vacation/missed pickups: For pre-planned absences, you may pro-rate your subscription price. Dates must be chosen and confirmed with us prior to the start of the season. We do not offer a refund or credit for missed pickups.

2020 Pickup Locations: We have 15 neighborhood pickup sites throughout Seattle, plus on our farm in Duvall. This year's anticipated sites are:

- Capitol Hill (Aloha & Boylston)
- Capitol Hill (17th & Galer)
- Madison Valley/ Madrona
- Rainier Valley/ Jackson Pl.
- North Beacon Hill
- Columbia City
- South Seattle/Rainier View
- Queen Anne
- Wallingford
- Maple Leaf
- North Beach (north Ballard)
- Northeast Seattle/Sandpoint Wy
- Northgate
- Phinney Ridge
- Ballard
- Phin-lard (67th & 3rd Ave NW)
- West Seattle
- Magnolia
- Duvall
- On-farm

Our Growing Practices: Local Roots uses no synthetic inputs on our farm. We build soil fertility with cover crops and compost, control weeds with tractor and human powered tools, minimize insect damage with spun-fabric row cover, and accept a certain amount of crop loss due to pests, disease, and bad weather.

Questions/Contact: Siri Erickson-Brown – email: siri@localrootsfarm.com **Website:** www.localrootsfarm.com

| Sample CSA boxes | |
|------------------|-------------------|
| June | |
| <u>Regular</u> | <u>Large</u> |
| garlic scapes | garlic scapes |
| radishes | radishes |
| kale | kale (2) |
| turnips | turnips |
| scallions | scallions |
| kohlrabi | kohlrabi |
| 2 heads lettuce | 3 heads lettuce |
| August | |
| <u>Regular</u> | <u>Large</u> |
| 2 heads lettuce | 2 heads lettuce |
| basil | basil |
| 1# tomatoes | 1# tomatoes |
| cucumber (2) | cucumbers (4) |
| carrots | carrots |
| 1.5# potatoes | 1.5# potatoes |
| Swiss chard | Swiss chard |
| | 1/2# salad greens |
| October | |
| <u>Regular</u> | <u>Large</u> |
| 2# potatoes | 2# potatoes |
| kale | kale |
| 1 winter squash | 2 winter squash |
| carrots | carrots |
| beets | beets |
| cabbage | cabbage |
| leeks | leeks |
| | cauliflower |
| November | |
| <u>Regular</u> | <u>Large</u> |
| cabbage | cabbage |
| 1 winter squash | 2 winter squash |
| parsnips | parsnips |
| carrots | carrots |
| cauliflower | cauliflower |
| leeks | leeks |
| garlic | garlic |
| | potatoes |
| | Swiss chard |

Please fill out and mail along with a check to:
 Local Roots
 PO Box 526, Duvall WA, 98019
 Specific pickup sites will be confirmed and info provided prior to the start of the season.

Name: _____
 Email: _____
 Preferred Pickup Location: _____
 ___ Regular Box full payment (\$689) or ___ 1st installment (\$344.50)
 ___ Large Box full payment (\$845) or ___ 1st installment (\$422.50)
 For egg CSA, please add: ___ Dozen eggs share (\$224) or ___ Half-dozen eggs (\$130.50)

I have read and understood the vacation/missed pickup policy above. To prorate my season price, I will notify Local Roots Farm about the dates of my absence prior to the final payment due date. I understand that LRF will not provide credit, refund, or make-up boxes if I miss a pickup day.