



LOCAL ROOTS FARM

2019 Community Supported Agriculture

Local Roots is a 17-acre family-operated farm located about 25 miles outside Seattle, in the Snoqualmie River valley. 2019 is our 13th season farming and offering our popular CSA program. A wide variety of crops thrive in our mild climate and world-class soil, and we grow more than 50 different vegetables and herbs. CSA subscribers receive a box of freshly harvested vegetables once a week during the growing season. CSA produce is grown by us, here on our farm, with a handful of items from farmer friends nearby (potatoes, green beans, peas, corn).

Dates: Our 20-week summer/fall CSA season begins July 30. We deliver to pickup sites every Tuesday through the end of October, and then switch to every-other-week delivery for the last three boxes (November 5th, 19th, and December 3rd). The last three boxes contain double the amount of produce and are each intended to last for two weeks.

Price: We offer two share sizes: **regular box** (\$480 for the session, or \$24/week) or **large box** (\$600 for the session, or \$30/week). The regular box is suitable for a household of two people who cook at home three to four nights a week, and includes 7-10 items each week. The large box option will typically have one or two additional items and/or larger quantities of staple items like lettuce, potatoes, kale, and carrots.

Payment: We are not set up for online signups or to take credit cards, but we do accept an assortment of e-pay options, which are usually free for both parties. To sign up paperlessly, email Siri with your preferred pickup location and to confirm payment details. Payment is due prior to first box delivery. You may also pay in two installments, email for more info.

Vacation/missed pickups: For pre-planned absences, you may pro-rate your subscription price. Dates must be chosen and confirmed with us prior to the start of the season. We do not offer a refund or credit for missed pickups.

2019 Pickup Locations: We have 15 neighborhood pickup sites throughout Seattle, plus on our farm in Duvall. This year's anticipated sites are:

- Capitol Hill (Aloha & Boylston)
- Capitol Hill (17th & Galer)
- Madison Valley/ Madrona
- Rainier Valley/ Jackson Pl.
- North Beacon Hill
- Columbia City
- South Seattle/Rainier View
- Queen Anne
- Wallingford
- Maple Leaf
- North Beach (north Ballard)
- Northeast Seattle/Sandpoint Wy
- Northgate
- Phinney Ridge
- Ballard
- Phin-lard (67th & 3rd Ave NW)
- West Seattle
- Magnolia
- Duvall
- Cypress Coffee, Redmond Ridge
- On-farm

Our Growing Practices: Local Roots uses no synthetic inputs on our farm. We build soil fertility with cover crops and compost, control weeds with tractor and human powered tools, minimize insect damage with spun-fabric row cover, and accept a certain amount of crop loss due to pests, disease, and bad weather.

Questions/Contact: Siri Erickson-Brown – email: localrootsfarmcsa@gmail.com

Website: www.localrootsfarm.com

Sample CSA boxes

August

Regular	Large
2 heads lettuce	2 heads lettuce
dill	dill
cabbage	cabbage
1# tomatoes	1# tomatoes
cucumber (2)	cucumbers (4)
carrots	carrots
Swiss chard	Swiss chard
	1/2# salad greens

September

Regular	Large
tomatoes	tomatoes
lettuce	lettuce (2)
carrots	carrots
zucchini	zucchini
fennel	fennel
broccoli	broccoli
parsley	parsley
	beets

October

Regular	Large
2# potatoes	2# potatoes
kale	kale
1 winter squash	2 winter squash
lettuce	lettuce (2)
carrots	carrots
zucchini	zucchini
cabbage	cabbage
parsley	parsley
	cauliflower

November

Regular	Large
cabbage	cabbage
1 winter squash	2 winter squash
parsnips	parsnips
daikon	daikon
cauliflower	cauliflower
leeks	leeks
radicchio	radicchio
	potatoes
	Swiss chard

Please fill out and mail along with a check to:
 Local Roots
 PO Box 526, Duvall WA, 98019
 Specific pickup sites will be confirmed and info provided prior to the start of the season.

Name: _____
 Email: _____
 Preferred Pickup Location: _____
 ___ Regular Box full payment \$480
 ___ Large Box full payment \$600

I have read and understood the vacation/missed pickup policy above. To prorate my season price, I will notify Local Roots Farm about the dates of my absence prior to the final payment due date. I understand that LRF will not provide credit, refund, or make-up boxes if I miss a pickup day.