



# LOCAL ROOTS FARM

## 2019 Community Supported Agriculture

Local Roots is a 17-acre family-operated farm located about 25 miles outside Seattle, in the Snoqualmie River valley. 2019 is our 13<sup>th</sup> season farming and offering our popular CSA program. A wide variety of crops thrive in our mild climate and world-class soil, and we grow more than 50 different vegetables and herbs. CSA subscribers receive a box of freshly harvested vegetables once a week during the growing season. CSA produce is grown by us, here on our farm, with a handful of items from farmer friends nearby (potatoes, green beans, peas, corn).

**Dates:** The CSA season begins in early June and lasts until late November. Pickup is on Tuesdays in the late afternoon/evening. Our season is **26 weeks long**, with pickup every week from June through October, every other week through December 3. We will take ONE WEEK off in late July to get vital fall planting work done.

**Optional Dec. 17<sup>th</sup> box:** We know that many of you have travel/holiday plans in late December. This year we are offering the option to add on one additional delivery on December 17<sup>th</sup>, for \$40.

**Price:** We offer two share sizes: **\$624 for the regular box** (\$24/week) or **\$780 for a large box** (\$30/week). The regular box is suitable for a household of two people who cook at home three to four nights a week, and includes 7-10 items each week. The large box option will typically have one or two additional items and/or larger quantities of staple items like lettuce, potatoes, kale, and carrots.

**Payment:** We are not set up for online signups or to take credit cards, but we do accept an assortment of e-pay options, which are usually free for both parties. To sign up paperlessly, email Siri with your preferred pickup location and to confirm payment details. **First (or full) payment is due April 15.** If paying in two installments, second payment is due June 1<sup>st</sup>.

**Egg Add-On:** Goose & Gander Farm hens forage on pasture and eat certified-non-GMO soy & corn-free feed, plus sprouted whole grains, fresh vegetables and leafy greens. **Price: \$222 for dozen/week (23 dates, June thru early December) or \$130 for a half-dozen/week.** Egg payment is due in full by April 15<sup>th</sup>.

**Vacation/missed pickups:** For pre-planned absences, you may pro-rate your subscription price. Dates must be chosen and confirmed with us prior to the start of the season. We do not offer a refund or credit for missed pickups.

**2018 Pickup Locations:** We have 15 neighborhood pickup sites throughout Seattle, plus on our farm in Duvall. This year's anticipated sites are:

- Capitol Hill (Aloha & Boylston)
- Capitol Hill (17th & Galer)
- Madison Valley/ Madrona
- Rainier Valley/ Jackson Pl.
- North Beacon Hill
- Columbia City
- South Seattle/Rainier View
- Queen Anne
- Wallingford
- Maple Leaf
- North Beach (north Ballard)
- Northeast Seattle/Sandpoint Wy
- Northgate
- Phinney Ridge
- Ballard
- Phin-lard (67th & 3rd Ave NW)
- West Seattle
- Magnolia
- Duvall
- On-farm

**Our Growing Practices:** Local Roots uses no synthetic inputs on our farm. We build soil fertility with cover crops and compost, control weeds with tractor and human powered tools, minimize insect damage with spun-fabric row cover, and accept a certain amount of crop loss due to pests, disease, and bad weather.

**Questions/Contact:** Siri Erickson-Brown – email: [localrootsfarmcsa@gmail.com](mailto:localrootsfarmcsa@gmail.com) Website: [www.localrootsfarm.com](http://www.localrootsfarm.com)

Sample CSA boxes	
<b>June</b>	
<u>Regular</u>	<u>Large</u>
garlic scapes	garlic scapes
radishes	radishes
kale	kale
turnips	turnips (2)
scallions	scallions
kohlrabi	kohlrabi
2 heads lettuce	1/2# snap peas
	2 heads lettuce
<b>August</b>	
<u>Regular</u>	<u>Large</u>
2 heads lettuce	2 heads lettuce
basil	basil
1# tomatoes	1# tomatoes
cucumber(2)	cucumbers (4)
carrots	carrots
Swiss chard	Swiss chard
	1/2# salad greens
<b>October</b>	
<u>Regular</u>	<u>Large</u>
2 # potatoes	2# potatoes
kale	kale
1 winter squash	2 winter squash
lettuce	lettuce (2)
carrots	carrots
zucchini	zucchini
cabbage	cabbage
parsley	parsley
	cauliflower
<b>November</b>	
<u>Regular</u>	<u>Large</u>
cabbage	cabbage
1 winter squash	2 winter squash
parsnips	parsnips
carrots	carrots
cauliflower	cauliflower
leeks	leeks
beet	beets
	potatoes
	Swiss chard

Please fill out and mail along with a check to:  
 Local Roots  
 PO Box 526, Duvall WA, 98019  
 Specific pickup sites will be confirmed and info provided prior to the start of the season.

Name: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Preferred Pickup Location: \_\_\_\_\_  
 \_\_\_ Regular Box full payment (\$624) or \_\_\_ 1<sup>st</sup> installment (\$312)  
 \_\_\_ Large Box full payment (\$780) or \_\_\_ 1<sup>st</sup> installment (\$390)  
 \_\_\_ December 17th box add-on (**add \$40**)

For egg CSA, please **add:** \_\_\_ Full egg share (\$222) or \_\_\_ Half egg (\$130)

I have read and understood the vacation/missed pickup policy above. To prorate my season price, I will notify Local Roots Farm about the dates of my absence prior to the final payment due date. I understand that LRF will not provide credit, refund, or make-up boxes if I miss a pickup day.