



LOCAL ROOTS FARM

2018 Community Supported Agriculture

Local Roots is a 17-acre family-operated farm located about 25 miles outside Seattle, in the Snoqualmie River valley. 2018 is our *twelfth* season farming and offering our popular CSA program. A wide variety of crops thrive in our mild climate and world-class soil and we grow more than 50 different vegetables and herbs. CSA subscribers receive a box of freshly harvested vegetables once a week during the growing season. CSA produce is grown by us, here on our farm, with very occasional special treats from other growers in our area, like corn and peas.

Dates: The CSA season begins in early June and lasts until late November. Pickup is on Tuesdays in the late afternoon/evening. Our season is **25 weeks long**, with pickup every week from June through October, every other week in November. We will take ONE WEEK off in late July to get vital fall planting work done.

Price: We offer two share sizes: **\$600 for the standard box or \$750 for a large box**. The standard box is suitable for a household of two people who cook at home three to four nights a week. The standard box includes 7-10 items (e.g. 1 head lettuce, 1 bunch kale, 1# carrots) each week. The large box option will typically have one or two additional items and/or larger quantities of staple items like salad greens, potatoes, squash, broccoli and green beans.

Payment: We are not set up for online signups or to take credit cards, but we do accept an assortment of e-pay options, which are usually free for both parties. To sign up paperlessly, email Siri with your preferred pickup location and to confirm payment details. **First (or full) payment is due March 1st**. If paying in two installments, second payment is due June 1st.

Egg Add-On: Goose & Gander Farm is owned by Meredith Molli & Patrick McGlothlin, our friends and neighbors. Goose & Gander Farm hens forage on pasture and eat a certified non-GMO soy & corn-free feed, plus sprouted whole grains, fresh vegetables and leafy greens.

Price: \$195 for dozen/week (20 weeks, June thru Oct.) or \$115 for a half-dozen/week.

Vacation/missed pickups: For pre-planned absences, you may pro-rate your subscription price. Dates must be chosen and confirmed with us prior the final payment due-date. We do not offer a refund or credit for missed pickups.

2018 Pickup Locations: We have 15 neighborhood pickup sites throughout Seattle, plus on our farm in Duvall. This year's anticipated sites are:

- Capitol Hill (Aloha & Boylston)
- Capitol Hill (17th & Galer)
- Madison Valley/ Madrona
- Rainier Valley/ Jackson Pl.
- Columbia City
- Queen Anne
- Wallingford
- Maple Leaf
- Northeast Seattle
- Phinney Ridge
- Ballard
- West Seattle
- Downtown Seattle
- Magnolia
- Duvall
- On-farm

Our Growing Practices: Local Roots uses no synthetic inputs on our farm. We build soil fertility with cover crops and compost, control weeds with tractor and human powered tools, minimize insect damage with spun-fabric row cover, and accept a certain amount of crop loss due to pests, disease, and bad weather. **Questions/Contact:** Siri Erickson-Brown – email: siri@localrootsfarm.com **Website:** www.localrootsfarm.com

Sample CSA boxes

June

Regular	Large
1/2 # salad greens	1/2 # salad greens
radishes	radishes
kale	kale
turnips	turnips (2)
scallions	scallions
kohlrabi	kohlrabi
2 heads lettuce	1/2# snap peas
	2 heads lettuce

August

Regular	Large
2 heads lettuce	2 heads lettuce
basil	basil
1# tomatoes	1# tomatoes
Savoy cabbage	Savoy cabbage
cucumber (2)	cucumbers (4)
carrots	carrots
Swiss chard	Swiss chard
	1/2# salad greens

October

Regular	Large
2 # potatoes	2# potatoes
kale	kale
1 winter squash	2 winter squash
lettuce	lettuce (2)
carrots	carrots
zucchini	zucchini
bok choi	bok choi
parsley	parsley
	cauliflower

November

Regular	Large
kale	kale
1 winter squash	2 winter squash
parsnips	parsnips
carrots	carrots
cauliflower	cauliflower
leeks	leeks
bok choi	bok choi
	potatoes
	Swiss chard

Please fill out and mail along with a check to:
 Local Roots
 PO Box 526, Duvall WA, 98019
 Specific pickup sites will be confirmed and info provided prior to the start of the season.

Name: _____
 Email: _____
 Preferred Pickup Location: _____
 ___ Regular Box full payment (\$575) or ___ 1st installment (\$287.50)
 ___ Large Box full payment (\$725) or ___ 1st installment (\$362.50)
 For egg CSA, please **add:** ___ Full egg share (\$195) or ___ Half egg (\$115)

I have read and understood the vacation/missed pickup policy above. To prorate my season price, I will notify Local Roots Farm about the dates of my absence prior to the final payment due date. I understand that LRF will not provide credit, refund, or make-up boxes if I miss a pickup day.